



# A Successful Practicum Starts With Organizing Your Schedule

**Yes:** Life is busy and full. **Yes:** Adding graduate school is a big deal. **YES:** You can absolutely do it!

Whether you're employed full-time or part-time, looking after family members or flying solo, there's room in each week to earn your [Master of Social Work](#) online at Yeshiva University—and to have a life and get enough sleep. With classes offered asynchronously, you get to decide when you study and for how long. Your coursework fits into your life.

## Practicum Can Fit, Too

You may already be working at the job that will help you complete one of your practicum requirements.

*We'll come back to that on the other side of this page.*

## It's completely doable. Here's a sample week.

This is time to care for yourself, your family and your life. Nurture the efforts that are outside of work and school.

Prime time for school. Log in for classes, discussions, coursework.

Time for your job, **which could count toward your practicum.**

Sleep!

Wildcard time: Commuting? Studying? An extra hour just for you?

Discussion board due today

Assignments due today

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 A.M.-6 A.M.							
7 A.M.							
8 A.M.							
9 A.M.							
10 A.M.							
11 A.M.							
12 P.M.							
1 P.M.							
2 P.M.							
3 P.M.							
4 P.M.							
5 P.M.							
6 P.M.							
7 P.M.							
8 P.M.							
9 P.M.							
10 P.M.							
11 P.M.							

\*Sample chart represents one course in a 7-week session.

Have a different work schedule?  
Use this sample to create your own weekly plan.

# Practicum: You May Already Have it Covered

We hear it a lot: "I'm employed. Can my current job count as my practicum?" If it meets the program's practicum requirements, then **YES!**

Your planner will learn from you what your job currently consists of to see if it meets the educational requirements. If it does not, your planner will help you advocate with your agency to see if some additional components can be added to that it could be utilized as your practicum experience. Remember, your planner will have final approval on whether or not your job may be used for practicum.

## WANT TO USE YOUR JOB AS A PRACTICUM?

Ask your practicum placement planner if it qualifies.

If you're employed in one of these environments, your job might qualify.



### Hospitals and Healthcare Facilities

Provide therapy and crisis intervention; assist in safe-discharge planning.



### Mental Health Clinics

Work with specialized populations, such as trauma survivors or people with severe mental illness. Apply specific therapeutic modalities when providing therapy for individuals, couples and families.



### Government Agencies

Provide therapeutic interventions to support vulnerable populations in social services or the justice system.



### Policy and Advocacy Organizations

Research and advocate for policy changes affecting groups of marginalized people.



### Trauma-Informed Care Agencies

Help survivors of human trafficking or sexual assault, or veterans in recovery.

## Three Tips to Make Things Even Smoother

#1

Use paid time off (PTO) to manage your practicum hours.

#2

Take a sabbatical when possible.

#3

To garner support and greater flexibility at work, consider telling your employer that you're in school. Your boss may be fully in favor of your pursuit of a graduate degree.



## Keep Moving Forward

You can do this. We've got your back.

### Questions?

Talk with your admissions outreach advisor today. Call 866-545-9506.



**Wurzweiler**

Wurzweiler School  
of Social Work